# CHIL OUT FRC TEAM 1778

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**Team Handbook** 

# Preface

The Member Handbook is designed to complement the official team bylaws, which should remain mostly unchanged year-to-year. However, the team will use input of the evolving perspectives from new members and in-season experiences to continually adapt, clarify, or expand the Member Handbook as necessary.

For areas that require consistent expectations and definitions, like leadership roles, appointed positions, and attendance, this manual will document those details and be updated as needed. The bylaws will refer members to this handbook for additional detail of relevant items.

The Member Handbook should be reviewed and adopted each season, by officers and Lead Mentors, with the resulting handbook published to the team for the season.

Any changes to the Member Handbook must be discussed and approved by the Officers and the Lead Mentor.

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# **Section 1: Membership**

Each year, the team requires members to take home and fill out (with a parent/guardian's help) the Chill Out Student Membership Packet. This ensures that the team Coach can build a roster, have the health information of each member, and make sure all joining students (and parents/guardians) know the requirements and expectations that come with being a member of the team: owning an ASB card, filling out the activities contract, registering on the FIRST website, etc.

#### 1.1 Fees

All student members must have a current ASB card and complete the Student Extracurricular Activities contract (attached below). Link to instructions on how to purchase can be found at: <u>About MTHS Activities</u>.

Our team is completely self funded through grants, sponsorships and donations found by students. Accessibility and inclusion for students is a priority for our team with no membership or registration costs being charged to students.

#### 1.2 Forms

#### 1.2.1 Official Documents

All student members must fill out the Chill Out membership packet, and <u>Team</u> <u>Member Contact Info</u> and sign up for FIRST/FIRST consent & release.

#### 1.2.2 Shop Safety Courses

All student Members must complete all shop safety courses before using the shop.

#### 1.2.3 Behavior Contract

All student members are expected to follow all team requirements as outlined in the team behavior contract.

#### 1.2.4 Permission Slips

If members do not submit the private vehicle permission or the image/website permission form, their activities with the team may be limited.

#### 1.3 Grades

All student members should try to maintain at least a C- in all classes, as school should be prioritized above clubs/teams.

#### 1.4 Student Communication

All students are required to check Discord or email regularly to stay updated on team announcements. Discord is the primary platform for team communication, so it's

essential to stay active there. If you need help setting up or using Discord, please reach out to any team officer for assistance.

# 1.5 Code of Conduct

Students must follow the Edmonds School District Activity Guidelines and the Chillout Code of Conduct. This applies to school, team meetings, and online activities. Any violations will be addressed by Leadership.

# 1.6 Responsibility

# 1.6.1 Respect

Respect your team members and mentors at all times, and follow FIRST's standard of Gracious Professionalism.

# 1.6.2 Do Robotics at Robotics Meetings

Team members should not play computer games or use their phones during meetings unless necessary due to an emergency, for work related to their subteam, or if directed by student leads or mentors.

# 1.6.3 Stay Busy

You are expected to take action during team meetings. If you have no task, you should seek out tasks from your peers, leaders, or team mentors.

#### 1.6.4 Shop Safety

Follow shop rules and safety practices, including receiving training before using a power tool and completing shop safety quizzes. The shop safety quizzes are required in order to be in the shop.

#### 1.6.5 Environment

Members are expected to help maintain a positive working environment. This includes properly storing tools, equipment, and supplies, assisting with clean-up after-work meetings, and participating in inventory activities.

#### 1.6.6 PDA

Refrain from showing excessive PDA at meetings.

# **Section 2: Culture**

#### 2.1 Respect the Culture, Respect the Team

Culture is the core of the team. Nobody will have fun or gain anything from the team if we don't have a good culture. This includes our work attitude, usage of Gracious Professionalism, and following behavior guidelines.

Any team member not complying with these rules will be given a warning. Further offenses may lead to disciplinary action, such as loss of privileges, escalation to team coaches or mentors, loss of leadership positions, prohibited participation in competitions, or temporary or permanent expulsion from the team.

#### 2.2 FIRST Values

From the FIRST Website:

#### 2.2.1 Gracious Professionalism®

Gracious Professionalism® is part of the ethos of FIRST. It's a way of doing things that encourages high-quality work, emphasizes the value of others, and respects individuals and the community.

With Gracious Professionalism, fierce competition, and mutual gain are not separate notions. Gracious professionals learn and compete, but treat one another with respect and kindness in the process. They avoid treating anyone like losers. No chest-thumping tough talk, but no sticky-sweet platitudes either. Knowledge, competition, and empathy are comfortably blended.

In the long run, Gracious Professionalism is part of pursuing a meaningful life. One can add to society and enjoy the satisfaction of knowing one has acted with integrity and sensitivity.

#### 2.2.2 Coopertition®

Coopertition® produces innovation. At FIRST, Coopertition is displaying unqualified kindness and respect in the face of fierce competition. Coopertition is founded on the concept and a philosophy that teams can and should help and cooperate with each other even as they compete.

*Coopertition* involves learning from teammates. It is teaching teammates. It is learning from Mentors. And it is managing and being managed. *Coopertition* means competing always, but assisting and enabling others when you can.

#### 2.3 Everywhere

#### 2.3.1 Branding

When you wear the mascot suit, Chilly, you are representing Chill Out, our school district, our community, and our sponsors. Always treat others with respect and gracious professionalism. Your behavior impacts our team and influences how others perceive Chill Out. At competitions, what you say to another team member and how you say it may be overheard by a judge, potential sponsor, or a member

of another team. Any invited guests must understand this and behave accordingly. All your actions as a team member directly reflect on team 1778's image.

# 2.3.2 Team-to-Team Comparison

Never disrespect or compare any other team, as we are all here to compete and have fun. This is rude, how toxicity starts, and damages our team image.

# 2.3.3 Work environment

You are expected to respect others at all times and should always follow Gracious Professionalism and the Chillout Handbook. Treat others the way you want to be treated to help sustain our professional and respectful working environment.

# 2.3.4 Bullying & Harassment

To create a professional working environment that fosters new ideas and change, our team has a strict no-bullying or harassment policy. This includes physical, online, or verbal bullying. In addition to these guidelines, see the Edmonds School District Policy 3207.

# 2.3.5 Substance Use Policy

Arriving at a meeting under the influence of illegal drugs or alcohol, or the use of such during a meeting is cause for immediate removal from the team.

# 2.3.6 During Travel:

- 1. Members will stay with their group and keep their chaperone(s) advised of their location at all times.
- 2. On overnight trips, members will follow curfew and any other rules agreed to for that trip.
- 3. Ride or room assignments cannot be changed without a lead mentor's approval.
- 4. No student or mentor is allowed into a hotel room of the opposite sex.

# 2.4 Mental Health

#### 2.4.1 Mental Health

Chill Out understands that balancing robotics with school, family, and other responsibilities can be stressful and affect a student's mental and physical health. The well-being of our students is our top priority, so students can take a Mental Health Day whenever needed, with no specific reason required, stress, family issues, or other events are all valid. Please notify your subteam lead in advance when possible.

#### 2.4.2 Stress Management

Builds and competitions can be stressful. All team members are asked to monitor their own and other's stress levels and attempt to control and/or diffuse tempers. We expect members to take a break when needed, rather than allowing negative words and actions to come to fruition.

# 2.4.3 Focus and Productivity During Meetings

During meetings, contribute to the task at hand. Students may ask a mentor or coach for time to work on schoolwork if there is a slow period in a work meeting. Consider staying home if necessary to take a break or complete homework in order to avoid being off-task.

#### 2.5 Respectful, Even in Disagreement

# 2.5.1 Respectful Communication

Remember the importance of respect, even during disagreements, and be a role model for your team.

# 2.5.2 Encouraging Respectful Dialogue

Demonstrate respectful communication by acknowledging differing opinions and responding thoughtfully.

# 2.5.3 Valuing Unique Perspectives

Acknowledge that diverse perspectives can lead to better solutions and encourage team members to share their unique viewpoints Instead of shutting ideas down.

# 2.5.4 Conflict Resolution

If any arguments escalate, please report them to Leadership so we can handle the situation.

#### 2.6 Building up Growth

# 2.6.1 Active Participation

Take on an active role and fulfill it responsibly. Help others fulfill their positions. Experienced members are expected to provide peer mentoring to new members.

#### 2.6.2 Positive Reinforcement

Be positive and celebrate successes, no matter how small. Acknowledge the achievements your teammates have made!

#### 2.6.3 Constructive Feedback

Provide feedback that focuses on growth and improvement, rather than just criticism. Highlight strengths while addressing areas for development.

# 2.6.4 Team Collaboration and Inclusivity

Foster a collaborative environment where everyone feels valued and included. Encourage teamwork and the sharing of ideas rather than discouraging them.

#### 2.7 Reporting Issues

# 2.7.1 Safety and Accountability

As students, if you see something say something. We expect to maintain a safe environment on this team.

# 2.7.2 Reporting

Please report anything to Mentors and Leadership on Discord or in person.

#### 2.8 Discord Guidelines

# 2.8.1 Respect and Team Unity

Treat everyone with respect and use Gracious Professionalism. Do not make jokes at the expense of others that will hurt them. Remember, we are a team - we are here to lift each other and grow together.

# 2.8.2 Valuing Diverse Perspectives

Do not shut down ideas. Different perspectives on issues are what drive us toward the best solution.

# 2.9 Treatment of Mentors

# 2.9.1 Respect and Value Mentor Contributions

Value our mentors' time and commitment. They are volunteering their time outside work and family obligations. Please acknowledge and respect their contribution as members of this team. While we don't expect constant thanks, a little recognition now and then, whether during team meetings or in conversation, goes a long way. It's all about making sure they feel comfortable and appreciated in their role.

# 2.9.2 Professional and Respectful Communication

Please be polite and respectful when talking with mentors and all members of the team. Respectful, professional communication is key, just as you would model respect with your peers. And don't forget, per the YPP, if you need to reach out to a specific mentor, do it in a group setting (like a group chat with another student or mentor) instead of sending direct messages.

#### 2.9.3 Balance your interactions

Be mindful that mentors do have other commitments and are not always going to be available on demand Since they are also humans and have their personal lives too!! Make our mentors feel comfortable contributing at their own pace.

# **Section 3: Meetings**

The meeting schedule changes each year, but usually follows the same pattern of two meetings per week in preseason and postseason and at least 5 longer meetings per week during build season. Build season requires a lot more time, and it is worth investing more time at the beginning to reduce the crunch needed to get the robot done and programmed.

# 3.1 General Team Meetings

Includes any meeting where all members are invited and progress is being made to reach our team goals, be it reaching our fundraising goal, building a robot for the current season, working on public relations and outreach, creating documentation, etc. The schedule of the general meetings will be up to the Officer team every year.

• These meetings will be added to the team calendar at <u>chillout1778.org/calendar</u>, any schedule changes will be communicated on Discord.

# 3.2 Preseason Meeting Schedule

# 3.2.1 Meeting Schedule

Preseason and postseason meetings will be held Tuesdays and Thursdays from 6-8 pm in Room 133.

# 3.2.2 Meeting Changes / Additional Meetings

General meetings may rarely be sacrificed for or additional meetings may be held for officer/manager discussion, and these changes will be communicated on Discord.

# 3.3 Build Season

# 3.3.1 Meeting Schedule

Five meetings per week (normally): Monday through Thursday from 6 pm to 9 pm and Saturday from 10 am to 4 pm.

# 3.3.2 Meeting Changes

Changes (including canceling or adding a meeting) may happen with an executive decision by the Captain and mentors and/or with general/majority agreement from leadership (If mentors and required leadership can attend).

# 3.3.3 Meeting Intro

During the first 5–10 minutes of each meeting, officers will discuss the tasks we aim to complete in that meeting and generally allocate people to the tasks.

# 3.3.4 Cleanup / Recap

The last 15 or so minutes of the meeting will be shop cleanup and putting away tools and materials; when the shop is clean, a recap will be held at the

whiteboard by the door to go over the day's progress and sort out priorities for the next meeting.

# 3.3.5 Weekend Meetings

Bring your own lunch to weekend meetings; most days food will NOT be provided.

# 3.4 Leadership Meetings

Leadership meetings shall be held at least once every two weeks, Leadership meetings consist of the officer team and the team managers. Usually, these meetings are public but may be private depending on the subject matter.

# 3.5 Participation & Attendance Policy

Students should try to attend all meetings when available, but schoolwork, physical and mental health, and other obligations come first.

• However, in the case of limited hotel rooms for away competitions, priority will be given to members who attend the most meetings and show the most engagement.

# **Section 4: Student Officers**

# 4.1 Officer Roles

Chill Out 1778's Officer team is composed of five elected individuals, each with their own responsibilities. Officers meet outside of normal meetings to manage important aspects of the team. All officers must have at least one build season of experience on the team and should meet the qualities within sections 6.2 and 6.3.

# 4.1.1 Captain

The Captain is the organizer of internal affairs in the team. They help create goals for the team and create a strategy to achieve those goals. The Captain's responsibilities can be formalized as follows:

- Executes the strategy for accomplishing the team's internal goals.
- Make sure everyone on the team knows what they need to know to execute their part in the strategy.
- Oversees all tasks of the officers and committees of the team.
- Organizes and runs leadership meetings.
- Knows the status of all teams/committees and the details of all meetings/events.
- Two build seasons on the team are heavily recommended for this role.

# 4.1.2 Vice Captain

The Vice Captain assists the Captain with their obligations. They also carry out tasks assigned by the Captain. They carry out the external organization to keep the captain's focus on the team itself. The responsibilities of the Vice Captain can be formalized as follows:

- Helps the Captain create and execute the strategy.
- Helps evaluate the effectiveness of the strategy.
- Assumes the powers and responsibilities of the captain when they are absent, preoccupied, or otherwise unable to fulfill their responsibilities.
- Ensures that Chill Out is properly represented at STEM leadership meetings, and information is communicated back to the team.

#### 4.1.3 Secretary

The Secretary keeps the written records and documentation for the team, as well as leads the media, outreach, and recruitment for the team. The Secretary's responsibilities can be formalized as follows:

- Compose, type, and distribute meeting notes, correspondence, and reports. The Secretary is also responsible for sharing these meeting notes on Discord.
- Set up and maintain paper and electronic filing systems for records, correspondence, and other material (including maintaining the team's Google Drive).

# 4.1.4 Treasurer

The Treasurer manages the team's fundraising, sponsorships, and accounting. The Treasurer's responsibilities can be formalized as follows:

- Works with advisors and fundraising/sponsorship teams, and maintains a ledger of team funds.
- Draft purchase requests for team advisors.

# 4.1.5 Sergeant-at-Arms

The Sergeant-at-Arms is responsible for keeping order during meetings, and ensuring member interactions uphold the FIRST core values. The Sergeant-at-Arms responsibilities can be formalized as follows:

- Keep meetings on track.
- Monitor member interactions.
- Assists with general officer duties when needed.

# **Section 5: Officer Elections**

# 5.1 Governance Structure

The team's leadership consists of elected student officers: the Captain, Vice-Captain, Secretary, Treasurer, and Sergeant at Arms, each responsible for key organizational and leadership functions.

Officers serve a one-season term, with elections typically held in May after the competitive season to ensure a smooth transition into the next season.

# 5.2 Candidate Eligibility & Integrity

Candidates must be in good standing with the team, have actively participated in the previous season, and may self-nominate for multiple roles but are limited to accepting one position. A brief statement of intent or vision for each role they are running for is required.

Candidates must conduct themselves respectfully and avoid negative campaigning, demonstrating Gracious Professionalism throughout the election. Mentors and advisors are prohibited from endorsing or campaigning for specific candidates.

#### 5.3 Election Process

Officer elections are carried out through confidential ballots overseen by the Head Coach or a designated mentor. Results are shared with current officers for transition planning, but vote counts remain undisclosed.

#### 5.3.1 Voting Method

The election uses Ranked Choice Voting<sup>1</sup> to allow voters to prioritize candidates. If a tie occurs, Lead Mentors will determine the outcome to ensure a fair result.

#### 5.3.2 Voting Eligibility

Eligible voters include students who were active in the previous season and non-graduating members intending to return. Each eligible student may cast one vote per office, with voting encouraged but not mandatory for all positions.

#### 5.3.3 Election Timeline

- 1st week of May: Nominations open.
- 2nd week of May: Candidate statements are collected, and ballots are finalized.

<sup>&</sup>lt;sup>1</sup> Ranked Choice Voting (RCV) is a process that allows voters to rank candidates for a particular office in order of preference. <u>https://campaignlegal.org/democracyu/accountability/ranked-choice-voting</u>

- 3rd week of May: Voting takes place, and transition planning begins.
- End of May: New officers are introduced to the team.

# 5.3.4 Announcement of Results

While not required, announcing results during the end-of-season celebration provides an opportunity to recognize outgoing officers and welcome the new officer team.

# 5.3.5 Special Elections

If a vacancy arises, a special election may be held, following the same rules as the regular election process to ensure continuous team leadership.

# 5.3.6 Resignation or Removal

Officers may resign if unable to fulfill their duties, with Lead Mentors available to discuss alternatives. Officers may also be removed for inactivity, misconduct, or poor attendance after a review by the Lead Mentor Committee.

# 5.5 Mentor Support

Mentors offer guidance and constructive feedback to students interested in officer roles, helping them develop leadership skills and prepare for future responsibility

# **Section 6: Team Managers**

Team managers are appointed by student officers. Team managers are expected to meet the qualifications mentioned in section 6.2 and 6.3. Additional manager roles may be added to fit the needs of the team.

#### 6.1 Roles

- **Safety Captain** teaches the group about safety, gets the team accustomed to safe operations, acknowledges people who are unsafe, and maintains safety records. The Safety Captain also enforces the cleaning and maintenance of the shop space.
- **Outreach Manager** helps to communicate or oversee communications with businesses, other teams, and the general public to maintain and create relations with these groups to gain goodwill, cooperation, and boost our image with the public. They also plan and oversee events with team partners.
- STEM leadership & ASB representative(s) attend and communicate with the team about school operations and events. Helps organize school events that include FRC.
- **Business Manager** ensures that sponsorship packets are sent out and helps look for sponsors and grants. They could also help the Treasurer with finances. They oversee and educate new members of the business team.
- **Design Manager** oversees the Design Sub-group and educates new members on design.
- **Electrical Manager** oversees the Electrical Sub-group and educates new members on electrical.
- **Programming Manager** oversees the Programming Sub-group and educates new members on programming.
- **Manufacturing Manager** oversees the Manufacturing Sub-group and educates new members on manufacturing and how to safely use shop equipment.
- **Graphic Design Manager** oversees the Graphic Design Sub-group and ensures that the team's branding is consistent across all media. They create and manage visual content, such as team logos, posters, and social media graphics, to enhance the team's image.

\*Expanded upon in the Competition Dynamics section

#### 6.2 Qualifications

- Very active in person and online
- Recommended one season of experience
- Good communication skills and the ability to teach
- Demonstrate team values and tone

- Gracious and professional
- Trusted to represent the team
- Multiple leaders and mentors vouch for them
- Able to take and give good feedback
- Knows when to ask questions
- Can work independently in meetings or remote
- Could lead a task or sub-group

# 6.3 Expectations

- Attend leadership meetings regularly
- Responsible for their group's communication
- Imparting knowledge to other students to be ready for succession
- Communicate plans in case you can't make it
- Follow through on responsibilities
- Communicate outside their sub-team (timeline, orders, etc)

# **Section 7: Build Season Organization**

#### 7.1 Robot Subteams

#### 7.1.1 Design

Students interested in design will create robot design concepts and design and work with CAD software to finalize and integrate robot mechanisms.

# 7.1.2 Manufacturing

Students interested in manufacturing will work with various power tools, such as lathes, bandsaws, chop saws, and CNC machines such as laser cutters and routers.

# 7.1.3 Electrical

Students interested in electrical will wire together the electronic systems of the robot, and work with robot designers to ensure components and wire routes are planned for when mechanisms are being designed.

# 7.1.4 Programming

Students interested in programming will write robot code to control robot subsystems and autonomy. They also write autonomous routines for the robot to execute during the match.

# 7.2 Schedule

This is the schedule we will follow before our first event.

- Week 1 Choose match strategy, generate robot concepts, and build prototypes.
- Week 2 Choose the final robot concept and begin detailed CAD.
- Week 3 Finish detailed design and begin manufacturing.
- Week 4 Finish manufacturing and assembly.
- Week 5 Wire robot and begin programming.
- Week 6 Continue programming and begin drive practice/"battle hardening".
- Week 7 Finishing touches to physical robot, drive practice and programming only.
- Week 8 Final drive practice sessions.

# **Section 8: Competition Dynamics**

#### 8.1 Drive Team

The Drive Team is responsible for match play during competition, these members drive the robot and strategize with other teams before match play. All drive team roles must have a trained backup to mitigate any issues that arise during competitions.

#### 8.1.1 Drive Coach

The Drive Coach is responsible for leading the drive team throughout every match and strategizing with other teams before each match to ensure optimal strategy and coordination.

#### 8.1.2 Driver

The Driver is responsible for driving the robot's drivetrain during each match. They listen to the Drive Coach for instructions and feedback during the competition.

#### 8.1.3 Operator

The Operator is responsible for controlling the robot's subsystems during each match. They must be coordinated with the driver, and listen to the Coach for feedback during competition.

#### 8.1.4 Human Player

The Human Player is typically responsible for feeding robots or activating bonuses during each match. Human player responsibilities vary each year, but in general, this is what it encompasses.

#### 8.1.5 Technician

The Technician is responsible for robot transport and maintenance before match play. Typically the technician will not need to do any maintenance, but they have technical knowledge about the robot in case any assistance is needed. The technician is also responsible for robot battery management.

#### 8.2 Pit

The pit is like the "shop" of competition, this is where the robot rests between each match. The pit is limited to a small number of members -- around 5-8 -- due to limited space. The drive team may wait here, but it is preferred that the pit is as clear as possible, especially when work on the robot is being done. This is also where Judges go to talk to members about our team and our robot.

#### 8.2.1 Judges

In competition, there are "judges." Judges walk through the pits, talk to teams, and observe robots during matches to determine event award winners. <u>ALL</u> members inside of the pit are required to have attended a training session for

talking to judges. This means they are completely prepared to answer any questions that the judges may have. Judges may ask questions about the robot, or just about our team. If you don't know how to answer a technical question about our robot, you may hand questions off to another member, but always be prepared to answer general team questions.

# 8.2.2 Pit Crew

The pit crew is responsible for robot repairs and damage throughout the competition. They need in-depth knowledge about the robot and its components and run systems checks between matches.

# 8.3 Scouting

Scouting is how alliances are formed during alliance selection. Scouting is the gathering of team and match data to determine the optimal alliance for event playoffs. There are multiple scouting roles in competition.

#### 8.3.1 Head Scout

The Head Scout is responsible for managing all aspects of scouting, this means managing both Match Scouts and Pit Scouts, and any applications that are used to assist with scouting. The Head Scout(s) represent our team during alliance selection and decide who we pick for playoffs based on the data that is collected by all scouts.

# 8.3.2 Match Scout

Match Scouts watch matches to gather information about robots and their scoring capabilities. This data is communicated to an application which the Head Scout pulls data from for alliance selection.

# 8.3.3 Pit Scout

Pit Scouts walk through the pits to ask teams questions about their robots, aiming to gather data about their robots that cannot be seen through match play. Questions vary by game and will be provided by the Head Scout. This data is then used for alliance selection.

# **Section 9: YPP Guidelines**

The purpose of the FIRST® Youth Protection Program is to provide coaches, mentors, event volunteers, employees, Program Delivery Partners, team members, parents, guardians of team members, and others working with FIRST programs with information, guidelines, and procedures to create safe environments for FIRST participants. The FIRST Youth Protection Program sets minimum standards recommended for all FIRST activities. Adults working in FIRST programs must be knowledgeable of the standards set by the <u>FIRST Youth Protection Program</u>, as well as those set by the school or organization hosting their team.

# 9.1 Rule of Three

# 9.1.1 Safe Interaction Practices

In any mentor-student interactions, there should always be at least 3 people: either 2 mentors and 1 student, or 1 mentor and 2 students, both in-person and online.

# 9.1.2 Ensuring Transparency in Communication

if a student or mentor tries to initiate one-on-one contact, direct them to a space with witnesses, such as another room, a group DM, or the team.

# 9.1.3 Reporting

Report any Misconduct to Youth Protection Program

This ensures safety and accountability for everyone involved, whether it's in-person, or online communications.

# 9.2 FIRST Code of Conduct

The *FIRST* mission is to inspire a generation of science and technology leaders who are both gracious and professional. This *FIRST* Code of Conduct lists basic behaviors mentors, coaches, volunteers, team members, affiliate partners, contractors, staff, and other participants should adhere to while participating in *FIRST* activities.

- 1. Exhibit *Gracious Professionalism*® at all times. *Gracious Professionalism* is a way of doing things that encourages high-quality work, emphasizes the value of others, and respects individuals and the community. With *Gracious Professionalism*, fierce competition, and mutual gain are not separate notions.
- 2. Ensure the safety of all participants in *FIRST* activities.
- 3. Not engage in any form of bullying, harassment, use of profane or insulting language, or any actual or threatened violence.
- 4. Adhere to all FIRST Youth Protection Program (YPP) policies.
- 5. Report any unsafe behavior to the event or local *FIRST* leadership.
- 6. Persons who do not comply with this Code of Conduct may be barred from participating in *FIRST* activities.

# 9.3 First YPP and Code of Conduct violations

#### 9.3.1 Safeguarding and Respect for All Members

Engaging in any actions that threaten a child's safety, make them feel ashamed, or intentionally scare or intimidate them.

# 9.3.2 Communication Policy

Having personal communications (calls, emails, texts, social media) with a child outside of team or educational activities. A parent, guardian, or another adult should be included in written communications.

# 9.3.3 Maintaining Appropriate Boundaries

Involving a child in activities unrelated to the program, education, or career, or spending time with them outside of program events (unless you're a family member or close family friend).

# 9.3.4 Unacceptable Secret-Keeping

Keeping activities with a child secret or encouraging the child to hide them from parents or other adults.

# 9.3.5 Behavioral Boundaries

Making sexual remarks, showing explicit material, inappropriate physical exposure or contact, or using offensive language or gestures.

# 9.4 FIRST Child Abuse Policy

FIRST has a strict zero-tolerance policy for child abuse, which includes physical, sexual, and emotional abuse, and neglect. All forms of abuse are strictly prohibited within the organization.

# **Section 10: Team Travel**

Some events, like the District Championship or the FIRST Championship, will require overnight travel within or out of state.

#### 10.1 General Travel Information

#### 10.1.1 Parent Involvement

Parents and guardians are welcome to attend overnight trips, though we understand that may not always be possible.

# 10.1.2 School Absence

Students will need excused absences for trips (usually 2-4 days per trip). You are responsible for staying current in your classes, arranging make-up work, and possibly doing schoolwork while traveling.

# 10.1.3 Planning

Planning for both DCMP and Worlds starts early in the season to ensure we're ready to go with less than two weeks' notice. Expect regular updates and meetings about travel throughout the season.

# 10.2 District Championships (DCMP)

- **Location:** Most recently held in either Cheney, WA, or Portland, OR.
- **Transportation:** Typically, DCMP relies on private transportation (carpooling) or parents providing rides for their students.
- Cost Responsibility:
  - Families traveling together with their students cover their own hotel costs.
  - Our fundraising aims to cover lunches for all students during the competition, as well as hotel rooms for those students traveling unaccompanied.
- **Fundraising Dependent:** Whether the team pays for these depends entirely on the team reaching annual fundraising targets.

# 10.3 FIRST Championships (Worlds)

- **Location:** Worlds is held in Houston, TX, through at least 2027.
- **Cost Responsibility:** Worlds travel costs are the responsibility of students and their families. The last trip in 2024 cost \$1,500 \$2,000 per student.
- **Lunches:** The goal is to provide team-funded lunches during competition days if fundraising goals are met.
- **Hotel Arrangements:** All teams attending the FIRST Championship coordinate team hotel accommodations through FIRST.
- **Flight Coordination:** Travel plans are coordinated, but not all students or families will necessarily be on the same flights.

# 10.4 Eligibility for Travel

# 10.4.1 Space Limitations

While it has not typically been necessary, we may face situations where the number of students who are able to travel with the team is limited. This may be due to budget, limited hotel space, and other restraints.

# **10.4.2 Selection Priority**

When space or funding is limited, priority will based on role and contributions:

- Group 1: Leadership roles and critical team members essential for competition (e.g., drive team, pit team, scouting).
- Group 2: Regular members with consistent participation and contribution.
- Group 3: Members with lower or inconsistent engagement, who may be eligible as space and/or funding allows.

Traveling with the team is an exciting and valuable bonding experience. Students in Group 1 and Group 2 are those who play an essential role within the team, both during build season and at competitions. They are highly engaged in their responsibilities, actively contributing to the team's success, and consistently demonstrate team values such as respect for our culture, adherence to the code of conduct, and practicing teamwork, respect, and gracious professionalism.